

SPRING VALLEY-HOBOKEN & PENN STATION, NY
MONDAY-FRIDAY

TO HOBOKEN & PENN STATION, NY	OFF-PEAK										AM PEAK										OFF-PEAK																																																																																																																																																																																																																																																																																																																																																																																																								
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Spring Valley	5:10	5:53	6:21	6:33	6:50	7:10	7:23	7:37	7:59	8:08	8:51	10:49	12:13	1:38	2:45	3:46	9:11	12:05	5:15	5:59	6:27	6:39	6:56	7:16	7:29	7:43	8:05	8:14	8:56	10:54	12:19	1:43	2:50	3:51	9:17	12:10	5:19	6:03	6:32	6:43	7:00	7:21	7:33	7:47	8:10	8:18	9:00	11:02	12:23	1:48	2:59	3:56	9:25	12:18	5:22	6:06	6:46	7:03	7:24	7:36	7:50	8:21	9:04	11:05	12:26	1:36	3:02	3:59	9:28	12:21	5:24	6:09	6:49	7:06	7:27	7:39	7:53	8:24	9:06	11:07	12:28	1:37	3:04	4:01	9:30	12:23	5:26	6:11	6:52	7:10	7:30	7:41	7:55	8:26	9:08	11:09	12:30	1:38	3:06	4:03	9:32	12:25	5:30	6:14	6:55	7:11	7:34	7:44	7:58	8:29	9:10	11:11	12:32	1:39	3:09	4:06	9:35	12:29	5:32	6:17	6:58	7:14	7:38	7:47	7:58	8:32	9:13	11:14	12:35	1:40	3:12	4:09	9:38	12:31	5:35	6:21	7:02	7:17	7:41	7:51	8:04	8:36	9:16	11:17	12:39	1:41	3:15	4:12	9:41	12:35	5:39	6:24	7:05	7:21	7:43	7:54	8:07	8:39	9:19	11:20	12:42	1:42	3:19	4:16	9:44	12:38	5:42	6:28	7:09	7:25	7:47	7:58	8:11	8:43	9:22	11:24	12:46	1:43	3:22	4:19	9:47	12:41	5:46	6:32	7:13	7:29	7:52	8:02	8:15	8:47	9:27	11:28	12:50	2:03	3:26	4:23	9:51	12:45	5:49	6:36	7:17	7:33	7:55	8:06	8:19	8:51	9:30	11:31	12:53	2:07	3:32	4:30	9:54	12:49	5:52	6:39	7:20	7:36	7:58	8:09	8:22	8:54	9:33	11:34	12:56	2:10	3:35	4:33	9:57	12:51	5:55	6:42	7:23	7:39	8:12	8:25	8:38	8:57	9:36	11:37	12:59	2:13	3:39	4:36	10:00	12:54	5:59	6:46	7:27	7:43	8:16	8:29	8:42	9:01	9:38	11:39	1:01	2:16	3:42	4:39	10:07	12:58	Secaucus Junction	L 6:09	L 6:56	L 7:03	L 7:38	L 7:54	L 8:09	L 8:26	L 8:39	L 8:44	9:11	9:48	11:49	1:12	2:26	3:52	4:49	10:17	1:07	Secaucus Junction (Via NJ Transit) Lv.	S 6:16	S 7:01	S 7:08	S 7:44	S 8:00	S 8:14	S 8:46	S 8:53	S 9:18	S 9:55	S 11:59	S 1:19	S 2:35	S 4:01	S 4:57	S 10:27	S 1:44	Penn Station, NY (Via NJ Transit) Ar.	S 6:29	S 7:14	S 7:21	S 7:58	S 8:13	S 8:28	S 8:47	S 9:01	S 9:06	S 9:31	S 10:09	S 12:12	S 1:33	S 2:49	S 4:15	S 5:10	S 10:41	S 2:03	Hoboken, NJ	6:20	7:07	7:17	7:49	8:05	8:20	8:38	8:50	8:56	9:22	10:00	12:01	1:23	2:38	4:03	5:02	10:29	1:19	Hoboken (via PATH)	6:34	7:20	7:28	7:57	8:15	8:27	8:45	8:57	9:03	9:34	10:10	12:09	1:33	2:45	4:17	5:10	10:41	6:36	World Trade Center (via PATH)	6:44	7:30	7:38	8:08	8:26	8:38	8:56	9:08	9:14	9:44	10:20	12:19	1:43	2:55	4:27	5:21	10:51	2:05	Hoboken (via Ferry)	6:30	7:20	7:30	8:00	8:20	8:30	8:50	9:00	9:10	9:30	10:30	12:30	1:30	2:52	4:10	5:10	---	---	World Financial Center (via Ferry)	6:38	7:28	7:38	8:08	8:28	8:38	8:58	9:08	9:18	9:38	10:38	12:38	1:38	3:00	4:18	5:18	---	---

TO SPRING VALLEY	OFF-PEAK										PM PEAK										OFF-PEAK																																																																																																																																																																																																																																																																																																																																																																																																																																																																																															
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World Trade Center (via PATH)	8:36	9:30	10:51	12:15	1:27	2:39	3:39	4:15	4:43	5:07	5:13	5:37	5:55	6:31	7:03	7:03	8:03	9:15	10:56	G 11:55	8:47	9:40	11:01	12:25	1:37	2:49	3:49	4:25	4:54	5:18	5:24	5:48	6:06	6:41	7:13	7:13	8:13	9:25	11:06	12:20	8:40	9:40	10:52	11:52	1:22	2:30	3:40	4:20	4:40	5:10	5:20	5:40	6:00	6:30	7:00	7:00	7:52	8:52	---	---	8:48	9:48	11:00	12:00	1:30	2:38	3:48	4:28	4:48	5:18	5:28	5:48	6:08	6:38	7:08	7:08	8:00	9:00	---	---	Hoboken, NJ	8:55	9:57	11:14	12:34	1:50	2:58	3:57	4:39	5:02	5:30	5:35	5:55	6:18	6:48	7:20	7:26	8:20	9:42	11:13	12:45	Penn Station, NY (Via NJ Transit) Lv.	S 8:45	S 9:46	S 11:06	S 12:29	S 1:43	S 2:51	S 3:47	S 4:33	S 4:50	S 5:23	S 5:28	S 5:45	S 6:12	S 6:41	S 7:08	S 7:20	S 8:14	S 9:32	S 11:06	S 12:34	Secaucus Junction (Via NJ Transit) Ar.	S 8:54	S 9:55	S 11:16	S 12:38	S 1:53	S 3:01	S 3:57	S 4:42	S 4:59	S 5:33	S 5:37	S 5:55	S 6:21	S 6:51	S 7:18	S 7:29	S 8:23	S 9:42	S 11:16	S 12:43	Secaucus Junction	9:05	10:07	11:24	12:45	2:00	3:08	4:07	4:49	5:12	5:41	5:46	6:06	6:28	6:58	7:30	7:36	8:30	9:52	11:23	12:55	Wood-Ridge	9:15	10:17	11:33	12:54	2:10	3:17	4:16	4:59	5:22	---	L 5:56	L 6:15	L 6:38	L 7:08	---	7:46	8:39	10:02	11:32	1:04	Teterboro	9:20	10:20	11:41	1:04	2:16	3:21	4:20	5:02	5:25	---	L 6:00	L 6:19	L 6:42	L 7:12	---	7:49	8:42	10:05	11:36	1:07	Essex Street	9:19	10:23	11:41	1:04	2:19	3:24	4:23	5:05	5:28	---	L 6:04	L 6:22	L 6:45	L 7:15	---	7:52	8:45	10:08	11:39	1:10	Anderson Street	9:22	10:26	11:44	1:07	2:22	3:27	4:26	5:08	5:31	---	L 6:07	L 6:26	L 6:49	L 7:18	---	7:55	8:48	10:11	11:42	1:13	New Bridge Landing	9:31	10:29	11:47	1:10	2:25	3:30	4:29	L 5:12	L 5:35	---	L 6:11	L 6:30	L 6:53	L 7:22	---	7:58	8:52	10:14	11:45	1:16	River Edge	9:35	10:33	11:51	1:15	2:30	3:35	4:33	L 5:16	L 5:39	---	L 6:16	L 6:35	L 6:58	L 7:26	---	8:03	8:56	10:18	11:49	1:21	Oradell	9:38	10:37	11:55	1:18	2:33	3:38	4:36	L 5:20	L 5:43	---	L 6:20	L 6:38	L 7:01	L 7:30	---	8:06	8:59	10:22	11:52	1:24	Emerson	9:42	10:40	11:58	1:21	2:36	3:41	4:40	L 5:23	L 5:46	---	L 6:23	L 6:42	L 7:05	L 7:33	---	8:09	9:02	10:25	11:55	1:27	Westwood	9:45	10:43	12:01	1:24	2:39	3:44	4:43	L 5:27	L 5:49	---	L 6:27	L 6:46	L 7:09	L 7:37	---	8:12	9:05	10:28	11:59	1:29	Hillsdale	9:48	10:46	12:04	1:27	2:42	3:47	4:46	L 5:30	L 5:52	---	L 6:31	L 6:49	L 7:12	L 7:40	---	8:15	9:08	10:31	12:02	1:32	Woodcliff Lake	---	---	---	---	---	---	---	L 5:33	L 5:55	---	L 6:34	L 6:52	L 7:15	L 7:43	---	8:18	9:11	10:34	12:05	1:35	Park Ridge	9:52	10:50	12:08	1:32	2:47	3:52	4:51	L 5:35	L 5:58	---	L 6:37	L 6:55	L 7:18	L 7:46	---	8:21	9:14	10:36	12:07	1:38	Montvale, NJ	9:54	10:53	12:11	1:35	2:49	3:54	4:54	L 5:38	L 6:00	---	L 6:40	L 6:58	L 7:21	L 7:49	---	8:23	9:16	10:39	12:09	1:40	Pearl River, NY	9:58	10:56	12:14	1:38	2:53	3:49	4:57	L 5:41	L 6:03	---	L 6:43	L 7:01	L 7:24	L 7:52	---	L 8:02	8:26	9:19	10:42	12:13	Nanuet	10:02	11:00	12:26	1:48	2:57	3:56	5:02	L 5:46	L 6:08	---	L 6:48	L 7:06	L 7:29	L 7:57	---	L 8:08	8:31	9:24	10:47	12:17	Spring Valley	10:10	11:07	12:34	1:57	3:05	4:02	5:08	L 5:52	L 6:14	---	L 6:54	L 7:12	L 7:35	L 8:03	---	8:14	8:37	9:30	10:53	12:23

SPRING VALLEY-HOBOKEN & PENN STATION, NY
SATURDAYS, SUNDAYS AND HOLIDAYS

TO HOBOKEN & PENN STATION, NY	OFF-PEAK										AM PEAK										OFF-PEAK																																																																																																																																																																																																																										
	2100 Q	2102 Q	2104 Q	2106 Q	2108 Q	2110 Q	2112 Q	2114 Q	2118 Q	2122 Q	2100 Q	2102 Q	2104 Q	2106 Q	2108 Q	2110 Q	2112 Q	2114 Q	2118 Q	2122 Q	2100 Q	2102 Q	2104 Q	2106 Q	2108 Q	2110 Q	2112 Q	2114 Q	2118 Q	2122 Q	2100 Q	2102 Q	2104 Q	2106 Q	2108 Q	2110 Q	2112 Q	2114 Q	2118 Q	2122 Q																																																																																																																																																																																																							
Spring Valley	6:05	7:05	8:03	9:40	10:03	11:40	12:03	2:03	4:08	6:06	7:13	8:11	9:11	10:08	11:45	12:08	2:08	4:13	6:11	7:18	8:16	9:17	10:14	11:11	12:08	1:06	2:03	3:01	4:00	5:00	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	6:14	7:14	8:13	9:50	10:13	11:50	12:13	2:13	4:17	6:20	7:26	8:20	9:21	10:18	11:55	12:18	2:18	4:23	6:26	7:32	8:26	9:27	10:24	12:01	12:24	2:24	4:27	6:30	7:36	8:30	9:31	10:28	12:05	12:28	6:18	7:18	8:16	9:50	10:16	11:50	12:16	2:16	4:21	6:24	7:30	8:23	9:24	10:21	12:00	12:23	2:23	4:27	6:30	7:36	8:30	9:31	10:28	12:05	12:28	2:28	4:31	6:34	7:40	8:34	9:35	10:32	12:09	12:32	6:24	7:24	8:22	9:50	10:22	11:50	12:22	2:22	4:27	6:30	7:36	8:30	9:31	10:28	12:05	12:28	2:28	4:31	6:34	7:40	8:34	9:35	10:32	12:09	12:32	2:32	4:35	6:38	7:44	8:38	9:39	10:36	12:13	12:36	6:27	7:27	8:25	9:50	10:25	11:50	12:25	2:25	4:30	6:33	7:39	8:32	9:33	10:30	12:08	12:31	2:31	4:35	6:38	7:44	8:38	9:39	10:36	12:13	12:36	2:36	4:39	6:42	7:48	8:42	9:43	10:40	12:17	12:40	6:30	7:30	8:28	9:50	10:28	11:50	12:28	2:28	4:33	6:36	7:42	8:36	9:37	10:34	12:12	12:35	2:35	4:39	6:42	7:48	8:42	9:43	10:40	12:17	12:40	2:40	4:43	6:46	7:52	8:46	9:47	10:44	12:21	12:44	6:33	7:33	8:32	9:50	10:32	11:50	12:32	2:32	4:36	6:39	7:45	8:39	9:40	10:37	12:15	12:38	2:38	4:42	6:45	7:51	8:45	9:46	10:43	12:21	12:44	2:44	4:47	6:50	7:56	8:50