

West Hempstead - Essential Service Plan

Attention Customers:

Due to COVID-19, LIRR will run the Essential Service Plan beginning Friday, March 27th and will be effective Monday – Friday until further notice. This schedule supersedes the regular West Hempstead Branch Timetable.

Eastbound Monday - Friday Service

For explanation, see "Reference Notes."																			
	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	J 12:20	6:55	J 7:21	8:55	J 9:21	10:55	J 11:21	12:55	J 1:21	2:55	J 3:21	4:55	J 5:21	6:55	J 7:21	8:55	J 9:21	10:37	
Woodside	J 12:13	J 7:04	J 7:24	J 9:04	J 9:24	J 11:04	J 11:24	J 1:04	J 1:24	J 3:04	J 3:24	J 5:04	J 5:24	J 7:04	J 7:24	J 9:04	J 9:24	J 10:24	
Forest Hills	J 12:18	7:11	J 7:31	9:11	J 9:11	11:11	J 11:11	1:11	J 1:11	3:11	J 3:31	5:11	J 5:11	7:11	J 7:11	9:11	J 9:11	10:53	
Kew Gardens	J 12:20	7:13	J 7:33	9:13	J 9:13	11:13	J 11:13	1:13	J 1:13	3:13	J 3:33	5:13	J 5:13	7:13	J 7:13	9:13	J 9:13	10:55	
HUNTERSPOINT AVE.	
ATLANTIC TERMINAL	12:19	J 6:45	7:22	J 8:45	9:22	J 10:45	11:22	J 12:45	1:22	J 2:45	3:22	J 4:45	5:22	J 6:45	7:22	J 8:45	9:22	J 10:22	
Nostrand Avenue	12:25	J 6:52	7:29	J 8:52	9:29	J 10:52	11:29	J 12:52	1:29	J 2:52	3:29	J 4:52	5:29	J 6:52	7:29	J 8:52	9:29	J 10:29	
East New York	12:30	J 6:57	7:34	J 8:57	9:34	J 10:57	11:34	J 12:57	1:34	J 2:57	3:34	J 4:57	5:34	J 6:57	7:34	J 8:57	9:34	J 10:34	
JAMAICA (Arrive)	12:40	7:18	7:42	9:18	9:42	11:18	11:42	1:18	1:42	3:18	3:42	5:18	5:42	7:18	7:42	9:18	9:42	11:00	
JAMAICA (Leave)	12:42	7:20	7:44	9:20	9:44	11:20	11:44	1:20	1:44	3:20	3:44	5:20	5:44	7:20	7:44	9:20	9:44	11:02	
St. Albans	7:26	9:26	11:26	1:26	3:26	5:26	7:26	9:26	11:08	
VALLEY STREAM (Arrive)	12:58	7:54	9:54	11:54	1:54	3:54	5:54	7:54	9:54	
(Note) (Leave)	T 1:00	T 7:57	T 9:57	T 11:57	T 1:57	T 3:57	T 5:57	T 7:57	T 9:57	
Westwood	T 1:04	T 8:01	T 10:01	T 12:01	T 2:01	T 4:01	T 6:01	T 8:01	T 10:01	
Malverne	T 1:06	T 8:03	T 10:03	T 12:03	T 2:03	T 4:03	T 6:03	T 8:03	T 10:03	
Lakeview	T 1:08	T 8:05	T 10:05	T 12:05	T 2:05	T 4:05	T 6:05	T 8:05	T 10:05	
Hempstead Gardens	T 1:10	T 8:07	T 10:07	T 12:07	T 2:07	T 4:07	T 6:07	T 8:07	T 10:07	
WEST HEMPSTEAD	T 1:15	T 8:12	T 10:12	T 12:12	T 2:12	T 4:12	T 6:12	T 8:12	T 10:12	
Train #	AM 6900	AM 6012	AM 6902	AM 6020	AM 6904	AM 6030	PM 6906	PM 6102	PM 6952	PM 6112	PM 6954	PM 6120	PM 6956	PM 6128	PM 6958	PM 6136	PM 6960	PM 6144	

Westbound Monday - Friday Service

For explanation, see "Reference Notes."																			
	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
WEST HEMPSTEAD	T 6:51	T 8:51	T 10:51	T 12:51	T 2:51	T 4:51	T 6:51	T 8:51	T 10:52
Hempstead Gardens	T 6:53	T 8:53	T 10:53	T 12:53	T 2:53	T 4:53	T 6:53	T 8:53	T 10:54
Lakeview	T 6:55	T 8:55	T 10:55	T 12:55	T 2:55	T 4:55	T 6:55	T 8:55	T 10:56
Malverne	T 6:57	T 8:57	T 10:57	T 12:57	T 2:57	T 4:57	T 6:57	T 8:57	T 10:58
Westwood	T 7:00	T 9:00	T 11:00	T 1:00	T 3:00	T 5:00	T 7:00	T 9:00	T 11:01
VALLEY STREAM (Arrive)	T 7:06	T 9:06	T 11:06	T 1:06	T 3:06	T 5:06	T 7:06	T 9:06	T 11:07
(Note) (Leave)	7:10	9:10	11:10	1:10	3:10	5:10	7:10	9:10	11:10
St. Albans	7:38	9:38	11:40	1:40	3:40	5:40	7:38	9:40	11:40
JAMAICA (Arrive)	7:20	7:45	9:20	9:45	11:20	11:45	1:20	1:45	3:20	3:45	5:20	5:46	7:20	7:45	9:20	9:45	11:20	11:45
JAMAICA (Leave)	7:22	7:47	9:22	9:47	11:22	11:47	1:22	1:47	3:22	3:47	5:22	5:47	7:22	7:47	9:22	9:47	11:22	11:47
East New York	7:31	J 7:56	9:31	J 9:56	11:31	J 11:56	1:31	J 1:56	3:31	J 3:56	5:31	J 6:31	7:31	J 7:56	9:31	J 9:56	11:30	J 12:03
Nostrand Avenue	7:36	J 8:01	9:36	J 10:01	11:36	J 12:01	1:36	J 2:01	3:36	J 4:01	5:36	J 6:36	7:36	J 8:01	9:36	J 10:01	11:35	J 12:08
ATLANTIC TERMINAL	7:42	J 8:07	9:42	J 10:07	11:42	J 12:07	1:42	J 2:07	3:42	J 4:07	5:42	J 6:42	7:42	J 8:07	9:42	J 10:07	11:41	J 12:14
HUNTERSPOINT AVE.
Kew Gardens	J 7:58	J 7:58	J 9:58	J 9:58	J 11:58	J 11:58	J 1:58	J 1:58	J 3:58	J 3:58	J 5:58	J 5:58	J 7:58	J 7:58	J 9:58	J 9:58	J 11:58	J 11:58
Forest Hills	J 8:00	J 8:00	J 10:00	J 10:00	J 12:00	J 12:00	J 2:00	J 2:00	J 4:00	J 4:00	J 6:00	J 6:00	J 8:00	J 8:00	J 10:00	J 10:00	J 12:00	J 12:00
Woodside	J 7:32	7:56	J 9:32	9:56	J 11:32	11:56	J 1:32	1:56	J 3:32	3:56	J 5:32	5:56	J 7:32	7:56	J 9:32	9:56	J 11:32	11:56
PENN STATION	J 7:43	8:07	J 9:43	10:07	J 11:43	12:07	J 1:43	2:07	J 3:43	4:07	J 5:43	6:07	J 7:43	8:07	J 9:43	10:07	J 11:43	12:07
Train #	AM 6901	AM 6015	AM 6903	AM 6023	AM 6905	PM 6033	PM 6951	PM 6105	PM 6953	PM 6113	PM 6955	PM 6125	PM 6957	PM 6133	PM 6959	PM 6143	PM 6961	AM 6151

Reference Notes

J	Change at Jamaica. The track of your connecting train will be announced.
T	Transfer at Valley Stream
Valley Stream	For complete service at Valley Stream, see the Far Rockaway Branch Timetable.
Woodside	Westbound trains may depart Woodside station up to three minutes earlier than times shown. Westbound trains from Woodside in this timetable arrive and depart from Platform B / Track 3.